

# Impasto per Pizza senza Glutine

Gluten-free pizza dough

## Ingredients:

- 2 1/2 cups gluten-free pizza and pastry flour (we used Orgran brand)
- 7g sachet dried instant yeast
- Pinch salt
- 1 cup warm water
- 1 tablespoon olive oil

## Preparation:

- 1. Sift flour into a bowl.
- 2. Add yeast and salt. Stir to combine.
- 3. Make a well in the center. Add water and oil. Mix to form a soft dough.
- 4. Turn out onto a lightly floured surface.
- 5. Knead for 10 minutes or until smooth and elastic.
- 6. Place in a lightly greased bowl. Cover with plastic wrap.
- 7. Stand in a warm place for 45 minutes to 1 hour or until dough has doubled in size.
- 8. Using your fist, punch dough down. Knead on a lightly floured surface until smooth.
- 9. Divide dough in half.

(You can freeze individual portions of dough: wrap in plastic wrap and freeze for up to 3 months. Thaw in fridge overnight before using).

#### Keep Cooking and Enjoying Traditional Roman Food.

#### Buon Appetito!

http://www.inromecooking.com inromecooking@gmail.com tel. +39 06.68805375; mob. +39. 3883646013